

# *Weekly Mom's Devotional*

## Week 4: Am I Enough

I am very conscious of my responsibility as a mom. I know that I have two little humans that God entrusted my husband and me to raise properly. I know that I need to teach them all about God and about loving God and others. I know I also have to teach them about life, survival, working hard, responsibility of their own, and how to trust God with it all. When I think about all the things that responsible moms (and dads) are supposed to teach their children, I find myself wondering, am I enough?

Am I capable of teaching all of these lessons and more to my children? Am I good enough at teaching them? Am I even a good teacher at all? The one thing I have going for me is that I love my family so deeply that it literally hurts at times! But I'm nowhere close to being a perfect mom! I get angry and frustrated at times, and although I try to close my eyes, take a deep breath, and compose myself before dealing with the situation at hand, I still sometimes lose my temper. I feel so badly when I yell, storm out of the room, or fall to pieces crying. I feel like a failure during these times. I have to apologize to my children and pray that God will strengthen me and help me to be less affected by my environment. It's a journey, I know, and I am growing slowly, but I still don't handle everything properly. To think, my kids are only 3 and 18 months! How will I deal with the bigger issues of older kids, especially when they have the capacity to be more intentional in their actions? So yes, I often find myself asking *God: Am I good enough?*

Maybe you have felt like this as well. If so, the Bible has a lot of encouragement for us! First of all, the Bible says we don't have to be enough because God is enough! 2 Corinthians 3:5 says,

*"Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is from God,..."*

Another verse tells us that God gives us grace that is enough and that when we are weak, God is strong in us!

*And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. 2 Corinthians 12:9*

1 Corinthians 2:3-5 says,

"I was with you in weakness and in fear and in much trembling, and my message and my preaching were not in persuasive words of wisdom, but in demonstration of the Spirit and of power, so that your faith would not rest on the wisdom of men, but on the power of God."

From this verse, we can know that we can look to God and His power when we are feeling weak.

God also gives us promises in His Word that assure us that as long as we align ourselves with Him, things will work out. Romans 8:28 says:

*"And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose."*

**Philippians 4:13** also tells us what we are capable of through Christ.

*"I can do all things through Him who strengthens me."*

**Not only does God lessen our burden by assuring us that He is enough, He also tells us over and over how He made us and how He sees us. Psalm 139:13-14 tells us how He made us.**

*For You formed my inward parts;  
You wove me in my mother's womb.  
I will give thanks to You, for I am fearfully and wonderfully made;  
Wonderful are Your works,  
And my soul knows it very well.*

**Ephesians 2:10** also tells us how God created us and how we are made to do good things!

*For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.*

**When you pull all of these verses together, you can see that God lightens our burdens, gives us grace, makes us adequate, gives us power when we are weak, assures us that everything will turn out well, and tells us we can do what He calls us to because God gives us strength. He also tells us that He made us, that we are wonderful to Him, that we are created to do good things, and that He prepared us to be able to do those good things.**

**So, when we are worried that we are not enough for God, for our family, friends, work, calling, etc., we need to focus in on what God says about us instead. We are not going to mess things up! God says things will turn out well and that He gave us everything we need to do a great job. So, let's do our best, looking to God for all the promises He gave us. Let us trust Him that everything will turn out well, because He is in us, strengthening us and giving us grace, peace, and power!**

*Strong Enough by, Matthew West:*

*<https://www.youtube.com/watch?v=knuHDPbE5es>*

*Additional Scriptures:*

*"My flesh and my heart may fail, but God is the strength of my heart and my portion forever"  
(Psalm 73:26, NIV)*

*"May the favor of the Lord our God rest on us; establish the work of our hands for us — yes, establish the work of our hands." (Psalm 90:17, NIV)*